

Your Wholistic Self: womanhood at every age & stage of life



PROF GITA MISHRA
Director of Australian Women and Girls' Health Research Centre, UQ



PROF ALINA MORAWSKA
Director of the Parenting and Family Support Centre, UQ



DR KATE WITTEVEEN
Lecturer of Counselling in the School of Nursing, Midwifery & Social Work, UQ



DR SALLY MORTLOCK
Senior Research Fellow of School of Public Health, UQ

The physical, mental, and social well-being of women is shaped by various factors throughout life, including health challenges, balancing career and family, motherhood, and external pressures. Join the NAWO QLD Committee and a panel of experts for an insightful and comprehensive discussion on women's health and well-being.

You'll hear from four leading experts from the University of Queensland:

- Prof Gita Mishra, Centre Director of the Australian Women and Girls' Health Research Centre, Faculty of Health, Medicine and Behavioural Sciences
- Prof Alina Morawska, Director of the Parenting and Family Support Centre
- Dr Kate Witteveen, Lecturer of Counselling, School of Nursing, Midwifery & Social Work
- Dr Sally Mortlock, Senior Research Fellow, School of Public Health, Faculty of Health, Medicine and Behavioural Sciences

This event is designed for women of all ages so participants can share and learn from each other's experiences, but male allies are of course very welcome. You'll also get the chance to connect and network with others working in operations, and enjoy a delicious morning tea. This is a family-friendly event so children are very welcome, but please note there are no child-minding facilities available.

To register, scan the QR code or go to nawo.org.au/events

Thursday 3 April 2025

8:30 - 10:30 AM AEST

Garden City Library, Westfield Mt Gravatt

Free for NAWO Members

